

Future J-Hawks ***Bad Boys Wrestling Club***

GRADES: Kindergarten through 8th Grade

STARTING: Tuesday, November 11, 2014 thru March of 2015

PRACTICES: Tuesdays & Thursdays 6:00pm-7:30pm for all

FEE: *Only \$50.00 for 4 months!*

\$50.00 per wrestler!

Wrestlers must provide a copy of their AAU Card prior to first practice.

You can purchase a card at: www.aausports.org.

If you do not have a card you will not be permitted to practice.

TOP NOTCH INSTRUCTION FOR MINIMAL COST!

New for 2014-2015!

***BAD BOYS Middle School
ELITE PRACTICES!***

We will be offering a Bad Boys Elite practice for middle school athletes and those with coach approval to attend. This will be held on Monday nights from 6:00-7:30.

There is no additional cost for the Elite practices!

The middle school coaches:

SETH REHN – A two time All-American at Coe College. Is a current teacher at Franklin Middle School. Seth has coached wrestling at Jefferson and Washington.

CHAD GARBER – Wrestled at Coe College. Is currently working at Taft Middle School where he coaches football and wrestling. This will be Chad's third season as a volunteer coach at Jefferson High School.

CONTACT:

Coach ~ Curt McDermott ~ 319-395-9913 | Coach ~ Dave Olson ~ 319-533-1514

Head coach ~ Rob Olson ~ 319-533-6433 | Assistant coach ~ Randy Olson ~ 319-533-1042

or just show up to one of the practices

JEFFERSON HIGH SCHOOL